






# LUNCH



This institute is an equal opportunity provider.  
Menu subject to change

## JSD High School October 2024

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
|  | 1  | 2   | 3   | 4  |
|    | <b><i>Pulled Pork Sandwich Day!</i></b><br>Pulled Pork<br>Bun (WG)<br>Baked Beans<br>Fresh Oranges<br>Choice of Milk | <b><i>Popcorn Chicken Day</i></b><br>Popcorn Chicken<br>w/Orange Sauce<br>Brown Rice<br>Green Peas<br>Peaches<br>Choice of Milk | <b><i>Cheeseburger Day!</i></b><br>Hamburger with Cheese<br>Bun (WG)<br>Carrots<br>Fresh Apples<br>Choice of Milk | <b><i>Pizza Friday</i></b><br>Pepperoni, Specialty, or<br>Cheese Pizza<br>Broccoli<br>Pineapple<br>Choice of Milk  |
| 7  | 8  | 9   | 10  | 11   |
| <b><i>Chicken Sandwich</i></b><br>Chicken Patty (WG)<br>Bun (WG)<br>Corn<br>Applesauce<br>Choice of Milk                       | <b><i>Taco Tuesday!</i></b><br>Beef, Tortilla & Rice<br>Refried Beans<br>Fresh Oranges<br>Choice of Milk             | <b><i>Chicken &amp; Waffles!</i></b><br>Chicken & Waffles (WG)<br>Green Beans<br>Mixed Fruit<br>Choice of Milk                  | <b><i>Cheeseburger Day!</i></b><br>Hamburger with Cheese<br>Bun (WG)<br>Carrots<br>Fresh Apples<br>Choice of Milk | <b><i>Pizza Friday</i></b><br>Pepperoni, Specialty, or<br>Cheese Pizza<br>Broccoli<br>Pineapple<br>Choice of Milk  |
| 14   | 15   | 16  | 17  | 18   |
| <b><i>Chicken Drumsticks</i></b><br>Chicken Drumsticks<br>Dinner Rolls (WG)<br>Mashed Potatoes<br>Applesauce<br>Choice of Milk | <b><i>Corn Dog Day!</i></b><br>Corn Dog<br>Baked Beans<br>Fresh Orange<br>Choice of Milk                             | <b><i>Orange Chicken Day!</i></b><br>Popcorn Chicken<br>w/Orange Sauce<br>Mixed Veggies<br>Peaches<br>Choice of Milk            | <b><i>Cheeseburger Day!</i></b><br>Hamburger with Cheese<br>Bun (WG)<br>Carrots<br>Fresh Apples<br>Choice of Milk | <b><i>Pizza Friday</i></b><br>Pepperoni, Specialty, or<br>Cheese Pizza<br>Broccoli<br>Pineapple<br>Choice of Milk  |
| 21   | 22   | 23  | 24  | 25   |
| <b><i>Chicken Nuggets</i></b><br>Chicken Nuggets<br>Potato Wedges<br>Applesauce<br>Choice of Milk                              | <b><i>Hot Dog Day!</i></b><br>Hot Dog<br>Baked Beans<br>Hot Dog Bun (WG)<br>Fresh Oranges<br>Choice of Milk          | <b><i>Sloppy Joe Day!</i></b><br>Ground Beef<br>Bun (WG)<br>Seasoned Mixed Veggies<br>Mixed Fruit<br>Choice of Milk             | <b><i>Lasagna Day!</i></b><br>Meat Lasagna<br>Dinner Rolls (WG)<br>Carrots<br>Fresh Apples<br>Choice of Milk      | <b><i>Pizza Friday</i></b><br>Pepperoni, Specialty, or<br>Cheese Pizza<br>Broccoli<br>Pineapple<br>Choice of Milk  |
| 28   | 29   | 30  | 31  |  |
| <b><i>Brunch for Lunch</i></b><br>French Toast (WG)<br>Breakfast Sausage<br>Hash Browns<br>Applesauce<br>Choice of Milk        | <b><i>Pulled Pork Sandwich Day!</i></b><br>Pulled Pork<br>Bun (WG)<br>Baked Beans<br>Fresh Oranges<br>Choice of Milk | <b><i>Popcorn Chicken Day</i></b><br>Popcorn Chicken<br>w/Orange Sauce<br>Brown Rice<br>Green Peas<br>Peaches<br>Choice of Milk | <b><i>Cheeseburger Day!</i></b><br>Hamburger with Cheese<br>Bun (WG)<br>Carrots<br>Fresh Apples<br>Choice of Milk | <b>AVAILABLE DAILY</b><br> Salad Bar<br> Pizza<br>Burgers & Chicken Sandwiches<br>Cold Sandwiches & Wraps<br> Chips<br> Fries<br> Tater Tots<br>Milk<br> |