



JUNEAU SCHOOL DISTRICT

Elementary School Breakfast

April

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
Pop Tart w/Graham Cracker or Blueberry Bagel (w/Cream Cheese) w/Graham Cracker Fresh Apple Choice of Milk		Cold Cereal w/Graham Cracker or Whole Grain Muffin w/Graham Cracker Orange Choice of Milk		Pancakes or Pop Tarts w/Graham Cracker Sausage Patty Fresh Fruit Choice of Milk		Breakfast Burrito or Cold Cereal w/Graham Cracker Mixed Fruit Choice of Milk		Breakfast Cereal Bar w/Graham Cracker or Hot Oatmeal Bar Applesauce Choice of Milk	
8		9		10		11		12	
Pop Tart w/Graham Cracker or Whole Grain Muffin w/Graham Cracker Fruit Cups Choice of Milk		Cold Cereal w/Graham Cracker or Blueberry Bagel (w/Cream Cheese) w/Graham Cracker Orange Choice of Milk		Breakfast Pizza or Whole Grain Muffin w/Graham Cracker Fresh Fruit Choice of Milk		Sausage, Egg, & Cheese Muffin or Cold Cereal w/Graham Cracker Pears Choice of Milk		Breakfast Cereal Bar w/Graham Cracker or Hot Oatmeal Bar Applesauce Choice of Milk	
15		16		17		18		19	
Cold Cereal w/Graham Cracker or Breakfast Cereal Bar w/Graham Cracker Fruit Cup Choice of Milk		Blueberry Bagel (w/Cream Cheese) w/Graham Cracker or Whole Grain Muffin w/Graham Cracker Orange Choice of Milk		Breakfast Tornado or Pop Tarts w/Graham Cracker Diced Peaches Choice of Milk		French Toast Sticks w/Syrup or Cold Cereal w/Graham Cracker Mixed Fruit Choice of Milk		Breakfast Cereal Bar w/Graham Cracker or Hot Oatmeal Bar Applesauce Choice of Milk	
22		23		24		25		26	
Cold Cereal w/Graham Cracker or Whole Grain Muffin w/Graham Cracker Orange Choice of Milk		Pop Tart w/Graham Cracker or Blueberry Bagel (w/Cream Cheese) w/Graham Cracker Fresh Apple Choice of Milk		French Toast Sticks w/Syrup or Cold Cereal w/Graham Cracker Mixed Fruit Choice of Milk		Egg & Cheese Omelet or Whole Grain Muffin w/Graham Cracker Pears or Peaches Choice of Milk		Breakfast Cereal Bar w/Graham Cracker or Hot Oatmeal Bar Applesauce Choice of Milk	
29		30							
Pop Tart w/Graham Cracker or Blueberry Bagel (w/Cream Cheese) w/Graham Cracker Fresh Apple Choice of Milk		Cold Cereal w/Graham Cracker or Whole Grain Muffin w/Graham Cracker Orange Choice of Milk							



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Elementary School Lunch

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Popcorn Chicken Brown Rice Green Beans Applesauce Choice of Milk	Pulled Pork Nachos Spanish Rice Black Beans Pears Choice of Milk	Buffalo Chicken Wraps French Fries Corn Salad Mixed Fruit Choice of Milk	Spaghetti w/Meat Sauce & Shredded Cheese Carrots Peaches Choice of Milk	Pizza Friday! Pepperoni or Cheese Broccoli Pears Choice of Milk
8	9	10	11	12
Garlic Chicken Rice Bowl Green Beans Strawberry Fruit Cup Choice of Milk	Beef Taco Spanish Rice Black Beans Strawberry Fruit Cup Choice of Milk	BBQ Pulled Pork Sandwich Roasted Corn Beans & Rice Mixed Fruit Choice of Milk	Pasta w/Meat Sauce & Shredded Cheese Carrots Applesauce Choice of Milk	Pizza Friday! Pepperoni or Cheese Broccoli Pears Choice of Milk
15	16	17	18	19
Sloppy Joe Tater Tots Peach Cup Choice of Milk	Chicken Taco Spanish Rice Black Beans Strawberry Fruit Cup Choice of Milk	Chicken Nuggets Carrots Mixed Fruit Choice of Milk	Pasta w/Meat Sauce & Shredded Cheese Green Beans Applesauce Choice of Milk	Pizza Friday! Pepperoni or Cheese Broccoli Pears Choice of Milk
22	23	24	25	26
BBQ Chicken Sandwich Green Beans Pears Choice of Milk	Beef Taco Spanish Rice Black Beans Strawberry Fruit Cup Choice of Milk	Turkey Melt Tomato Soup Carrots Mixed Fruit Choice of Milk	Orange Chicken Rice Bowl Corn Salad Green Peas Applesauce Choice of Milk	Pizza Friday! Pepperoni or Cheese Broccoli Pears Choice of Milk
29	30			
Popcorn Chicken Brown Rice Green Beans Applesauce Choice of Milk	Pulled Pork Nachos Spanish Rice Black Beans Pears Choice of Milk			



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

5

Pop Tart w/Graham
Cracker or Blueberry
Bagel (w/Cream
Cheese) w/Graham
Cracker
Fresh Apple
Choice of Milk

Cold Cereal w/Graham
Cracker or Whole Grain
Muffin
w/Graham Cracker
Orange
Choice of Milk

Pancakes or Pop Tarts
w/Graham Cracker
Sausage Patty
Fresh Fruit
Choice of Milk

Breakfast Burrito or
Cold Cereal w/Graham
Cracker
Mixed Fruit
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

8

9

10

11

12

Pop Tart w/Graham
Cracker or Whole Grain
Muffin w/Graham
Cracker
Fruit Cups
Choice of Milk

Cold Cereal w/Graham
Cracker or Blueberry
Bagel (w/Cream Cheese)
w/Graham Cracker
Orange
Choice of Milk

Breakfast Pizza or
Whole Grain Muffin
w/Graham Cracker
Fresh Fruit
Choice of Milk

Sausage, Egg, &
Cheese Muffin
or Cold Cereal
w/Graham Cracker
Pears
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

15

16

17

18

19

Cold Cereal w/Graham
Cracker or Breakfast
Cereal Bar w/Graham
Cracker
Fruit Cup
Choice of Milk

Blueberry Bagel
(w/Cream Cheese)
w/Graham Cracker or
Whole Grain Muffin
w/Graham Cracker
Orange
Choice of Milk

Breakfast Tornado or
Pop Tarts w/Graham
Cracker
Diced Peaches
Choice of Milk

French Toast Sticks
w/Syrup or Cold Cereal
w/Graham Cracker
Mixed Fruit
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

22

23

24

25

26

Cold Cereal w/Graham
Cracker or Whole Grain
Muffin w/Graham
Cracker
Orange
Choice of Milk

Pop Tart w/Graham
Cracker or Blueberry
Bagel (w/Cream
Cheese) w/Graham
Cracker
Fresh Apple
Choice of Milk

French Toast Sticks
w/Syrup
or Cold Cereal
w/Graham Cracker
Mixed Fruit
Choice of Milk

Egg & Cheese Omelet
or Whole Grain Muffin
w/Graham Cracker
Pears or Peaches
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

29

30

Pop Tart w/Graham
Cracker or Blueberry
Bagel (w/Cream
Cheese) w/Graham
Cracker
Fresh Apple
Choice of Milk

Cold Cereal w/Graham
Cracker or Whole Grain
Muffin
w/Graham Cracker
Orange
Choice of Milk



JUNEAU SCHOOL DISTRICT

Middle School Lunch

April
Menu Subject to Change

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
Popcorn Chicken Brown Rice Green Beans Applesauce Choice of Milk		Pulled Pork Nachos Spanish Rice Black Beans Pears Choice of Milk		Buffalo Chicken Wraps French Fries Corn Salad Mixed Fruit Choice of Milk		Spaghetti w/Meat Sauce & Shredded Cheese Carrots Peaches Choice of Milk		Pizza Friday! Pepperoni or Cheese Broccoli Pears Choice of Milk	
8		9		10		11		12	
Garlic Chicken Rice Bowl Green Beans Strawberry Fruit Cup Choice of Milk		Beef Taco Spanish Rice Black Beans Strawberry Fruit Cup Choice of Milk		BBQ Pulled Pork Sandwich Roasted Corn Beans & Rice Mixed Fruit Choice of Milk		Pasta w/Meat Sauce & Shredded Cheese Carrots Applesauce Choice of Milk		Pizza Friday! Pepperoni or Cheese Broccoli Pears Choice of Milk	
15		16		17		18		19	
Sloppy Joe Tater Tots Peach Cup Choice of Milk		Chicken Taco Spanish Rice Black Beans Strawberry Fruit Cup Choice of Milk		Chicken Nuggets Carrots Mixed Fruit Choice of Milk		Pasta w/Meat Sauce & Shredded Cheese Green Beans Applesauce Choice of Milk		Pizza Friday! Pepperoni or Cheese Broccoli Pears Choice of Milk	
22		23		24		25		26	
BBQ Chicken Sandwich Green Beans Pears Choice of Milk		Beef Taco Spanish Rice Black Beans Strawberry Fruit Cup Choice of Milk		Turkey Melt Tomato Soup Carrots Mixed Fruit Choice of Milk		Orange Chicken Rice Bowl Corn Salad Green Peas Applesauce Choice of Milk		Pizza Friday! Pepperoni or Cheese Broccoli Pears Choice of Milk	
29		30							
Popcorn Chicken Brown Rice Green Beans Applesauce Choice of Milk		Pulled Pork Nachos Spanish Rice Black Beans Pears Choice of Milk							

JUNEAU SCHOOL DISTRICT

High School Breakfast

April

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

5

Pop Tart w/Graham
Cracker or Blueberry
Bagel (w/Cream
Cheese) w/Graham
Cracker
Fresh Apple
Choice of Milk

Cold Cereal w/Graham
Cracker or Whole Grain
Muffin
w/Graham Cracker
Orange
Choice of Milk

Pancakes or Pop Tarts
w/Graham Cracker
Sausage Patty
Fresh Fruit
Choice of Milk

Breakfast Burrito or
Cold Cereal w/Graham
Cracker
Mixed Fruit
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

8

9

10

11

12

Pop Tart w/Graham
Cracker or Whole Grain
Muffin w/Graham
Cracker
Fruit Cups
Choice of Milk

Cold Cereal w/Graham
Cracker or Blueberry
Bagel (w/Cream Cheese)
w/Graham Cracker
Orange
Choice of Milk

Breakfast Pizza or
Whole Grain Muffin
w/Graham Cracker
Fresh Fruit
Choice of Milk

Sausage, Egg, &
Cheese Muffin
or Cold Cereal
w/Graham Cracker
Pears
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

15

16

17

18

19

Cold Cereal w/Graham
Cracker or Breakfast
Cereal Bar w/Graham
Cracker
Fruit Cup
Choice of Milk

Blueberry Bagel
(w/Cream Cheese)
w/Graham Cracker or
Whole Grain Muffin
w/Graham Cracker
Orange
Choice of Milk

Breakfast Tornado or
Pop Tarts w/Graham
Cracker
Diced Peaches
Choice of Milk

French Toast Sticks
w/Syrup or Cold Cereal
w/Graham Cracker
Mixed Fruit
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

22

23

24

25

26

Cold Cereal w/Graham
Cracker or Whole Grain
Muffin w/Graham
Cracker
Orange
Choice of Milk

Pop Tart w/Graham
Cracker or Blueberry
Bagel (w/Cream
Cheese) w/Graham
Cracker
Fresh Apple
Choice of Milk

French Toast Sticks
w/Syrup
or Cold Cereal
w/Graham Cracker
Mixed Fruit
Choice of Milk

Egg & Cheese Omelet
or Whole Grain Muffin
w/Graham Cracker
Pears or Peaches
Choice of Milk

Breakfast Cereal Bar
w/Graham Cracker or
Hot Oatmeal Bar
Applesauce
Choice of Milk

29

30

Pop Tart w/Graham
Cracker or Blueberry
Bagel (w/Cream
Cheese) w/Graham
Cracker
Fresh Apple
Choice of Milk

Cold Cereal w/Graham
Cracker or Whole Grain
Muffin
w/Graham Cracker
Orange
Choice of Milk



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29		30							
Popcorn Chicken Brown Rice Green Beans Applesauce Choice of Milk		Pulled Pork Nachos Spanish Rice Black Beans Pears Choice of Milk		<div><div><p>Join us for PIZZA! EVERY DAY Pepperoni & Cheese Pies</p></div><div><p>NO TIME? GRAB & GO LUNCH SANDWICH OF THE DAY OR THREE DAY WITH FLUT! AND MILK.</p></div><div><p>Join us for PIZZA FRIDAYS Pepperoni, Cheese or Specialty</p></div><div><p>YOU DECIDE SOME LIKE IT HOT SOME LIKE IT NOT REGULAR OR SPICY CHICKEN SANDWICHES SERVED DAILY</p></div><div><p>VEGAN HUMMUS & VEGGIE WRAP HUMMUS & VEGGIE WRAP</p></div></div>					