



# JUNEAU SCHOOL DISTRICT

## Elementary School Breakfast

March

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

4

5

6

7

8

Pop Tart w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Fresh Apple  
Choice of Milk

Cold Cereal w/Graham  
Cracker or Whole Grain  
Muffin w/Graham  
Cracker  
Orange  
Choice of Milk

Pancakes or Pop Tarts  
w/Graham Cracker  
Sausage Patty  
Fresh Fruit  
Choice of Milk

Breakfast Burrito or  
Cold Cereal w/Graham  
Cracker  
Mixed Fruit  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

11

12

13

14

15

Pop Tart w/Graham  
Cracker or Whole Grain  
Muffin w/Graham  
Cracker  
Fruit Cups  
Choice of Milk

Cold Cereal w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Diced Pears  
Choice of Milk

Breakfast Pizza or  
Whole Grain Muffin  
w/Graham Cracker  
Fresh Fruit  
Choice of Milk

Sausage, Egg, &  
Cheese Muffin or  
Cold Cereal w/Graham  
Cracker  
Pears  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

18

19

20

21

22

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

25

26

27

28

29

Cold Cereal w/Graham  
Cracker or Whole Grain  
Muffin  
w/Graham Cracker  
Orange  
Choice of Milk

Pop Tart w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Fresh Apple  
Choice of Milk

French Toast Sticks  
w/Syrup or Cold Cereal  
w/Graham Cracker  
Mixed Fruit  
Choice of Milk

Egg & Cheese Omelet  
or Whole Grain Muffin  
w/Graham Cracker  
Pears or Peaches  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk



# JUNEAU SCHOOL DISTRICT

## Elementary School Lunch

March

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pizza Friday!  
Pepperoni, Cheese or  
Specialty Pizza  
Broccoli  
Peaches  
Choice of Milk

4

Popcorn Chicken  
Brown Rice  
Green Beans  
Applesauce  
Choice of Milk

5

Pulled Pork Enchilada  
Casserole  
Dirty Rice  
Pears  
Choice of Milk

6

Mike's Buffalo Chicken  
Wraps  
French Fries  
Corn Salad  
Mixed Fruit  
Choice of Milk

7

Spaghetti  
w/Meat Sauce &  
Shredded Cheese  
Carrots  
Peaches  
Choice of Milk

8

Pizza Friday!  
Pepperoni, Cheese or  
Specialty Pizza  
Broccoli  
Applesauce  
Choice of Milk

11

Chili Dog on a Bun  
w/Cheese  
Carrots  
Diced Peaches  
Choice of Milk

12

Pasta w/Meat Sauce &  
Cheese  
Dinner Roll  
Green Beans  
Diced Pears  
Choice of Milk

13

BBQ Pulled Pork  
Sandwich  
Beans & Rice  
Roasted Corn  
Mixed Berries  
Choice of Milk

14

Garlic Chicken Rice  
Bowl  
Green Beans  
Strawberry Fruit Cup  
Choice of Milk

15

Pizza Friday!  
Pepperoni, Cheese or  
Specialty Pizza  
Broccoli  
Peach Fruit Cup  
Choice of Milk

18

Spring Break!  
No School

19

Spring Break!  
No School

20

Spring Break!  
No School

21

Spring Break!  
No School

22

Spring Break!  
No School

25

Sloppy Joes  
Tater Tots  
Corn  
Diced Peaches  
Choice of Milk

26

Chicken Nuggets  
Carrots  
Mixed Fruit  
Choice of Milk

27

Turkey Melt  
Tomato Soup  
Broccoli  
Pears  
Choice of Milk

28

Orange Chicken Rice  
Bowl  
Green Bean  
& Corn Salad  
Peaches  
Choice of Milk

29

Pizza Friday!  
Pepperoni, Cheese or  
Specialty Pizza  
Broccoli  
Mixed Berry Fruit Cup  
Choice of Milk



# JUNEAU SCHOOL DISTRICT

## Middle School Breakfast

March

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Egg & Cheese Omelet  
or Whole Grain Muffin  
w/Graham Cracker  
Pears or Peaches  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

4

5

6

7

8

Pop Tart w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Fresh Apple  
Choice of Milk

Cold Cereal w/Graham  
Cracker or Whole Grain  
Muffin w/Graham  
Cracker  
Orange  
Choice of Milk

Pancakes or Pop Tarts  
w/Graham Cracker  
Sausage Patty  
Fresh Fruit  
Choice of Milk

Breakfast Burrito or  
Cold Cereal w/Graham  
Cracker  
Mixed Fruit  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

11

12

13

14

15

Pop Tart w/Graham  
Cracker or Whole Grain  
Muffin w/Graham  
Cracker  
Fruit Cups  
Choice of Milk

Cold Cereal w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Diced Pears  
Choice of Milk

Breakfast Pizza or  
Whole Grain Muffin  
w/Graham Cracker  
Fresh Fruit  
Choice of Milk

Sausage, Egg, &  
Cheese Muffin or  
Cold Cereal w/Graham  
Cracker  
Pears  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

18

19

20

21

22

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

25

26

27

28

29

Cold Cereal w/Graham  
Cracker or Whole Grain  
Muffin  
w/Graham Cracker  
Orange  
Choice of Milk

Pop Tart w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Fresh Apple  
Choice of Milk

French Toast Sticks  
w/Syrup or Cold Cereal  
w/Graham Cracker  
Mixed Fruit  
Choice of Milk

Egg & Cheese Omelet  
or Whole Grain Muffin  
w/Graham Cracker  
Pears or Peaches  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk



# JUNEAU SCHOOL DISTRICT

## Middle School Lunch

March

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pizza Friday!  
Pepperoni, Cheese or  
Specialty Pizza  
Broccoli  
Peaches  
Choice of Milk

4

Popcorn Chicken  
Brown Rice  
Green Beans  
Applesauce  
Choice of Milk

5

Pulled Pork Enchilada  
Casserole  
Dirty Rice  
Pears  
Choice of Milk

6

Mike's Buffalo Chicken  
Wraps  
French Fries  
Corn Salad  
Mixed Fruit  
Choice of Milk

7

Spaghetti  
w/Meat Sauce &  
Shredded Cheese  
Carrots  
Peaches  
Choice of Milk

8

Pizza Friday!  
Pepperoni, Cheese or  
Specialty Pizza  
Broccoli  
Applesauce  
Choice of Milk

11

Chili Dog on a Bun  
w/Cheese  
Carrots  
Diced Peaches  
Choice of Milk

12

Pasta w/Meat Sauce &  
Cheese  
Dinner Roll  
Green Beans  
Diced Pears  
Choice of Milk

13

BBQ Pulled Pork  
Sandwich  
Beans & Rice  
Roasted Corn  
Mixed Berries  
Choice of Milk

14

Garlic Chicken Rice  
Bowl  
Green Beans  
Strawberry Fruit Cup  
Choice of Milk

15

Pizza Friday!  
Pepperoni, Cheese or  
Specialty Pizza  
Broccoli  
Peach Fruit Cup  
Choice of Milk

18

Spring Break!  
No School

19

Spring Break!  
No School

20

Spring Break!  
No School

21

Spring Break!  
No School

22

Spring Break!  
No School

25

Sloppy Joes  
Tater Tots  
Corn  
Diced Peaches  
Choice of Milk

26

Chicken Nuggets  
Carrots  
Mixed Fruit  
Choice of Milk

27

Turkey Melt  
Tomato Soup  
Broccoli  
Pears  
Choice of Milk

28

Orange Chicken Rice  
Bowl  
Green Bean  
& Corn Salad  
Peaches  
Choice of Milk

29

Pizza Friday!  
Pepperoni, Cheese or  
Specialty Pizza  
Broccoli  
Mixed Berry Fruit Cup  
Choice of Milk



# JUNEAU SCHOOL DISTRICT

## High School Breakfast

March

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Egg & Cheese Omelet  
or Whole Grain Muffin  
w/Graham Cracker  
Pears or Peaches  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

4

5

6

7

8

Pop Tart w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Fresh Apple  
Choice of Milk

Cold Cereal w/Graham  
Cracker or Whole Grain  
Muffin w/Graham  
Cracker  
Orange  
Choice of Milk

Pancakes or Pop Tarts  
w/Graham Cracker  
Sausage Patty  
Fresh Fruit  
Choice of Milk

Breakfast Burrito or  
Cold Cereal w/Graham  
Cracker  
Mixed Fruit  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

11

12

13

14

15

Pop Tart w/Graham  
Cracker or Whole Grain  
Muffin w/Graham  
Cracker  
Fruit Cups  
Choice of Milk

Cold Cereal w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Diced Pears  
Choice of Milk

Breakfast Pizza or  
Whole Grain Muffin  
w/Graham Cracker  
Fresh Fruit  
Choice of Milk

Sausage, Egg, &  
Cheese Muffin or  
Cold Cereal w/Graham  
Cracker  
Pears  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

18

19

20

21

22

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

Spring Break!  
No School

25

26

27

28

29

Cold Cereal w/Graham  
Cracker or Whole Grain  
Muffin  
w/Graham Cracker  
Orange  
Choice of Milk

Pop Tart w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese) w/Graham  
Cracker  
Fresh Apple  
Choice of Milk

French Toast Sticks  
w/Syrup or Cold Cereal  
w/Graham Cracker  
Mixed Fruit  
Choice of Milk

Egg & Cheese Omelet  
or Whole Grain Muffin  
w/Graham Cracker  
Pears or Peaches  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk



# JUNEAU SCHOOL DISTRICT

## High School Lunch

March  
Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY				
 Join us for <b>PIZZA! EVERY DAY</b> Pepperoni & Cheese Pies					 <b>NO TIME? GRAB &amp; GO LUNCH</b> SANDWICH OF THE DAY WITH FRUIT AND MILK					 Join us for <b>PIZZA FRIDAYS</b> Pepperoni, Cheese or Specialty					 <b>YOU DECIDE</b> SOME LIKE IT HOT SOME LIKE IT NOT REGULAR OR SPICY CHICKEN SANDWICHES SERVED DAILY					 <b>HUMMUS &amp; VEGGIE WRAP</b> VEGAN				
4					5					6					7					8				
Popcorn Chicken Brown Rice Green Beans Applesauce Choice of Milk					Pulled Pork Enchilada Casserole Dirty Rice Pears Choice of Milk					Mike's Buffalo Chicken Wraps French Fries Corn Salad Mixed Fruit Choice of Milk					Spaghetti w/Meat Sauce & Shredded Cheese Carrots Peaches Choice of Milk					Pizza Friday! Pepperoni, Cheese or Specialty Pizza Broccoli Applesauce Choice of Milk				
11					12					13					14					15				
Chili Dog on a Bun w/Cheese Carrots Diced Peaches Choice of Milk					Pasta w/Meat Sauce & Cheese Dinner Roll Green Beans Diced Pears Choice of Milk					BBQ Pulled Pork Sandwich Beans & Rice Roasted Corn Mixed Berries Choice of Milk					Garlic Chicken Rice Bowl Green Beans Strawberry Fruit Cup Choice of Milk					Pizza Friday! Pepperoni, Cheese or Specialty Pizza Broccoli Peach Fruit Cup Choice of Milk				
18					19					20					21					22				
Spring Break! No School					Spring Break! No School					Spring Break! No School					Spring Break! No School					Spring Break! No School				
25					26					27					28					29				
Sloppy Joes Tater Tots Corn Diced Peaches Choice of Milk					Chicken Nuggets Carrots Mixed Fruit Choice of Milk					Turkey Melt Tomato Soup Broccoli Pears Choice of Milk					Orange Chicken Rice Bowl Green Bean & Corn Salad Peaches Choice of Milk					Pizza Friday! Pepperoni, Cheese or Specialty Pizza Broccoli Mixed Berry Fruit Cup Choice of Milk				